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## **Read First.**

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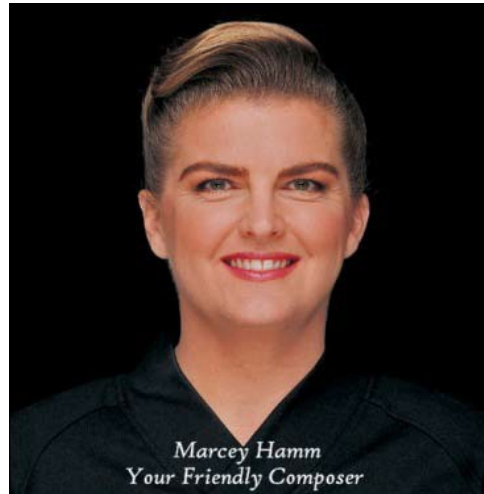
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# Marcey Hamm's Music Guide Book

## A Step By Step Process How To Enhance Your Life Toward Happiness!



Hello My Dear Friend,

Thank you for coming into my life and also allowing me to be in yours. May we be friends for a long time.

What I share with you in this Marcey Hamm's Music Guide Book is what works for me and also for many other people all over the world. If at any time, you have any questions, I'm here to support you. My contact information is at the end of the Marcey Hamm's Music Guide Book.

### **Let's Get Started.**

As you know, everything is energy. All our thoughts are energy. Our bodies are energy. What we eat is energy. Life is energy. My music is energy. When I started playing my music around me 24/7 seven days a week, that's when my life speeded up like moving through a worm hole in space. When I saw this distinct difference rather than just playing my music once in a while, I got really excited. And, here's why.

This music is a huge opportunity for all of us to excel our awareness in knowing who we are as Soul. This music works from within ourselves not from the outside. The experiences people have with this music first occurs from within the person and then the effect shows up outwardly. The outward physical changes come from the Cause of the music touching the most important part of our Essence and that is Soul. That's how much love is in this music. And, there is no limit how

far any of us may want to grow in our awareness with this music. Having this music playing around us 24/7, creates an environment with such an advantage of energy. That energy is a never ending experience of conscious expansion and thus, we become more and more connected to the Soul that we are. After all, that's who we are Eternally.

I've died three times within a nine year period. I remember my birth and I remember before my birth. Also, I have faced death at least 75 times in this life from hot air ballooning, flying airplanes, mountain climbing, scuba diving, being stampeded by buffalo and wild pigs and on and on.... I live my life fully and I have a truck load of my "To Dos" in my bucket list. I only say this to you to convey that having these experiences has taught me one thing in this life: Nothing is permanent except Soul. That's it. The only path to true happiness and joy is the path of self discovery in discovering who we are as Soul.

I can't speak for you and wouldn't want to anyway. However, I do know for myself, that I want to be as happy and full of joy as much as I can achieve in this lifetime. The Soul that we are is so much Love, that any self discovery toward the Soul that we are, will lead us to more happiness and joy than we could ever imagine. It's unlimited. That discovery and what you learn from it is yours FOREVER!

I know what it's like on the other side of this life and I can tell you, from my experiences, the love I experienced when I was dead, I want that love forever and not just when I die! None of us have to be sad and miserable. We can change our life in any moment. We just need the right tools to help us.

And, those "Right Tools" are Truths that never change. That's why Truth is called Truth. There are plenty of scams out there and they are a dime a dozen, but they don't last. Over time they are exposed for what they are. Truth will always be.

And that's why this Music is here. It is a Great Tool of Truth. God gave me this gift of music. I am not a musician. When I died in that car wreck that day in Dallas on my way to work, my eyes never saw life in the same way ever again. What I teach you and share with you, is from Experience. This music is here for all of us all over the world to help us all to wake up and to discover who we really are.... SOUL. This music is an experience that changes lives toward more Love.

Through that love, the music helps all of us, to reach levels of awareness through experiences that change our life forever. We are individual particles in a vast Ocean of Life. Consciousness is everything. When this Music is combined with our life, we move at a much faster rate from being individual particles to "Becoming Partners with the Ocean of All of Life". That's why I say this Music is a Perfect Marriage to Enhance our life. It's strength of Life Force Energy is just a whole lot of LOVE and in tune with Mother Nature. You play this music around any animal and/or plant, they will let you know immediately how tuned this music is with Nature.

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## **I Want To Share With You**

I want to share with you how I look at Life based on my own experiences before I explain to you each of my compositions. I want to make sure you understand my thinking and that will help you understand the music better.

What I say to you in this Guide Book is NOT based on anything I've read or learned outside of myself. Everything I share with you is what I've learned from composing this music as well as listening to my music since March of 1986, 24 hours a day, seven days a week; which I call 24/7. What I share with you is from my Experiences. I always say, "Experience will always be your Best Teacher". This music touches Soul and from there, the experiences will follow. That's as simple as I can put it.

There are two aspects of Life. Sound and Light. The Sound Current is the fundamental aspect which keeps all of Life together. Without the Sound Current, nothing would exist. That's why everything has a vibration or an energy field or you could say a frequency. The Light is the Consciousness or you could say the Awareness of Life or the Intelligence of Life. The Sound Current and the Light are the stream of Life that are constantly emitting from our Creator whether we are Conscious of this or not.

Everyone is on their own path of Life. Their path is determined by their thoughts and/or actions whether they are conscious or unconscious of those choices or not. Each of us is where we are in our Life, based on the sum of who we are in our Awareness. We are the sum total of our Current Existence based on our choices and experiences. We are in complete freedom of our Existence regardless of what is outside of us. The difference between each of us is our Awareness and how much each of us have evolved in our Connection with all of Life over time.

We will always attract to us exactly what we need in order to learn more about ourselves as Soul. As we grow in our Awareness of Soul, we then part ways of living life at the EFFECT of it. We eventually, through our experiences, grow toward becoming more aware of who we really are: Soul. How fast or slow this awakening process is, depends on our desire for this awareness and also our experiences to help us through the realization.

Just reading about it or listening to speakers talk about it, is only feeding the mental part of our being. That's just data feeding the mental body like a computer. Ok, got that. Now what? It's time for Experience because Experience will always be the best teacher. This music exists to help all of us Experience the Souls that we are. This Time Period that we now live is what I call "The Consciousness Awakening Era". And, as all of us grow in our Experiences and become more Aware, this process will help us become Partners more and more with all of Life that we're already a part of. That's why this music is a perfect Marriage.

This music is all about connecting to that Life Force Energy. Using this music in our Life will speed up our Experiences; especially if we play the music in the background at a low volume, on repeat, and we go on about our day. Let the music do its work 24/7. You will see Life take on a whole new meaning. I guarantee it. Try it and see for yourself. ☺

What a GIFT and What an Opportunity for all of us to jump Quantum Physics in our Consciousness in this One Lifetime! This excites me and like I said, I know what it's like to be on the other side of Life. I've been there many times. And I can tell you from experience, we have an opportunity in this Life to make a Paradigm Shift on this planet to help all of us move toward more love and happiness with the help of this music. This is Exciting and we are all a Part of This Experience! An Amazing Journey Indeed for all of us!

One more thing I want to mention to you. My background is Nuclear Engineering, Software Development and Electronics. Now that is all MAJOR left brain material. When I died the first time in that car wreck back in 1985, I never saw life again in the same way. It was like being placed in a different body with a different brain connection especially when I started having these musical experiences.

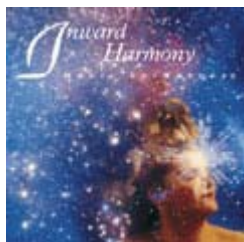
I'm not a musician. I did have classical piano for 5 years when I was very young. But I didn't like my teachers because of their strict teaching methods so I quit. For me to even attempt to read sheet music would be like trying to climb Mt. Everest. Too much effort. When I get an inner urge to compose, I walk into my studio, turn on all the equipment. Then I get real sleepy and fall asleep in my high back chair. I have these lucid dreams and when I wake up, all the music is composed. How I know what the music is for is by my dream state while I was asleep. Some people call me the Sleeping Composer. I do not remember composing this music. What I do remember is what I dreamed of during my sleep. That's how I know the music's purpose.

Also, I never know when I will get these inner urges. These 8 composition are all that have been composed so far. I can tell you that I have at least 200 compositions in my head waiting to manifest, but I have no idea when their time will come to be composed. It'll happen when it's suppose to.

We're all on this musical Journey together and that's why I am accessible to all of my fans. I will always be that way all this life. People, animals, Mother Nature... all of life changes with this music because it's a gift for all of us from our Creator. You can't fake Truth. That's why when people have their experiences with this music, I will always be here for their questions and for them to share their experiences. I care for the listeners of this music with all my heart. That's the bottom line. That's it and now I will discuss the purpose of each of the 8 compositions. I love you and thank you for being in my life. It's a real joy to move toward happiness and it just gets better and better as you will see on your Musical Journey.

## About My Music Compositions

### Inward Harmony



*Inward Harmony* composition is a continuous angelic music that brings balance and harmony to all of life. This balance and harmony is created within all of our bodies: Physical, Astral, Causal, Mental, Etheric and Soul. When these bodies are out of harmony with each other, illness and other problems of imbalance occur. *Inward Harmony* opens the consciousness to allow the Sound Current that is within all things to flow through the bodies.

This process works from within and flows outward to the physical body and then flows back to the inner bodies. This back and forth flow eventually moves all particles into a balanced state and the healing actually is a natural result of this Sound Current movement. *Inward Harmony* has been attributed to numerous healings and other phenomena. Listening to *Inward Harmony* will make you feel like you are enveloped in a blanket of Divine Love.

*Inward Harmony* was my first composition to experience. I call this a "Theme Composition". What I mean by that is this: *Inward Harmony* doesn't change from the theme. In other words, when you hear *Inward Harmony*, the music continuously stays within that "Theme" throughout the whole album and doesn't vary.

The Inward Harmony composition is the basis of all my work. No matter what I compose in this lifetime, this composition will always be the foundation of all that I do. Inward Harmony is all about Balancing our energies with the Life Current that permeates through all Existence. This is a key to bringing health and well being into our life. Having balance in our life helps remove stress. That's why there are so many healing testimonials with this composition. Like I said, this composition is all about bringing Balance and Harmony to all of Life.

### **I will give you some examples of the Inward Harmony composition;**

#### *Plants Love Inward Harmony*

I always say that you can't Fool Mother Nature. Here is an interesting experience in that regard.

A couple called me one Saturday morning very excited on the phone. They told me they had just bought my music at a local store here in Dallas the previous evening. Upon retiring for the night, they accidentally left *Inward Harmony* playing in their stereo. When they woke up the next morning, they noticed the *Inward Harmony* playing. When they went into the den to turn the

music off, they noticed in their atrium, all the plants turned away from the windows during the night and tried to grow into the music speakers. To say the least, they were "flabbergasted".

I told them that the plants recognize this music because it comes from our divine home where we were all created in the first place. Plants, animals, all of nature and young children recognize this music immediately. You see, they don't have ego and they are all connected consciously to our Creator. This music carries that vibration and they recognize it immediately. Sometimes the Human element takes "Longer".

### ***The Tobacco Farmer***

A tobacco farmer called me one day from Tennessee. He bought *Inward Harmony* for his wife due to a foot surgery. She recovered very speedily and also something else happened. He told me about her hot house that was used for gardening and was attached to their home. His wife grew roses in the hot house. While they played the music in the house, the plants started growing like crazy. Anyway, the farmer called me to tell me about this and asked me if this music might work for his tobacco crops. I told him that I couldn't say what this music would do because everyone is going to have their own experience with the music. However, I did say to him that if it was my tobacco crop, I would play the music for the crop.

I didn't hear from him for many months. Then the day came when the farmer called me back. He told me that he bought waterproof speakers and placed them all over his fields. He played *Inward Harmony* all the time for his crops and had the biggest bumper crop ever. We both had a good laugh on the phone. It was great.

### ***The Dying Dog and Inward Harmony***

One day a man called me to ask me about my music. He told me that his dog was at the Vets and was dying. The Vet told him they couldn't do anymore for his dog. This guy was shattered and crying terribly. I told him that if it was my dog, I would play *Inward Harmony* non stop. I told him one of two things would happen. If his dog was meant to leave, the music would help with that transition and make his journey more peaceful and less painful. If his dog was meant to stay, the music would help his dog bring in higher vibrations that would help his dog heal himself. This man had me overnight *Inward Harmony* to him.

I received a call at the end of the week and the gentleman told me what happened. The first day the dog stayed motionless on the floor while the *Inward Harmony* played non stop. Also, the dog had given up drinking water a couple of days before this first day with *Inward Harmony*. The second day, the dog lifted his head and drank water. The third day, the dog dragged himself over to the front of the speakers and laid there. By the end of the week, the dog was back to normal. I was so happy for this man.

### ***No Labor Pains***

"I listened to *Inward Harmony* while in labor for 25 hours. I had no anxiety, no pain medication and was relaxed throughout the childbirth process. I delivered a 10 pound baby boy."

S.P., Austin, TX



### *The Other Side Talking*

"In December, 1998, my sister Pamela was admitted to hospice, having refused food and water at last after a 22 year battle with M.S. Our younger sister Pat had your albums at home, and brought *Inward Harmony* and some others to Pamela's hospice room. We played *Inward Harmony* continuously the last day of her life. Late that night, when she was (theoretically) in a deep coma, and only 2 ½ hours from her last breath, the nurses came to turn her over, and I thought perhaps she'd like another of your albums for a change (I, at least, had *Inward Harmony* memorized!). I changed the CD, adjusted the volume, turned out the light, and lay down on the guest bed to sleep.

'mmh!' she said. 'MMNH!!' 'Oops! Sorry! I'll put it back!' I put *Inward Harmony* back on, and all was quiet. I thought you'd like to know that my sister chose your album as the music for her transition, and roused out of a coma to express her request for it! I still smile when I think about it."

B.S., Portland, OR

### *My Indoor Plant Bambi*

It is a good thing that I do play *Inward Harmony* in my office nonstop. My plant care would have been disastrous. Bambi is my plant in my office. I keep a log sheet when I water her. Someone had mistakenly placed some boxes in front of her vase which blocked my vision. Anyway, I was cleaning my shelf one day and I saw that Bambi's vase was beyond empty. It was real dry and according to my log sheet, I hadn't watered her in 6 months. I was shocked because she didn't have one brown leaf and had many young leaves sprouted. You would have thought that I had been watering her the whole time. *Inward Harmony* kept Bambi alive and well without any water for 6 months. Amazing.

Marcey Hamm, TX

### *My Dog Speckles*

Speckles lately kept coming into my office and lying under the stereo where I play *Inward Harmony* continuously. The amount of time she would stay there was what flagged me because normally she would go to the different offices in the house to check up on the other staff. Speckles was the official "Executive" and would always check up on everyone making sure everything was running smoothly. After two days of saturating herself with *Inward Harmony*, Speckles died and I must say, we all miss her terribly. However, I am so thankful that *Inward Harmony* sent her home to her Special place and made an easy transition for her. Her brother Hunter, had a real big party for her when she crossed over. He even took her to his favorite field where he plays. Speckles is very happy in a young body again.

Marcey Hamm, TX

Like I said, children, plants and animals will respond to my music immediately. You're in for a real *Inward Harmony* treat with your Musical Journeys. Now for the Z composition.

## Z



*The Z* composition was my second composition to experience. It is continuous music and always changing. *Z* is a music that works with the dream states and also helps you break through fears. Much of this letting go is done in the dream state.

The *Z* helps bridge the gap between your dream state and your waking state. Most people live their lives thinking that the waking state is their reality. This is their perception. As the *Z* composition helps remove the fears, that perception starts expanding and one's view of their life becomes less blocked.

The state of fear is a learned behavior and it is one that I have seen paralyze many people to non action in emergency situations. Some people have even died from their fear. The *Z* music is a tool to help you overcome fear and start living in the adventure of life. I can speak from experience, because not only have I had three near-death-experiences, but I have faced death at least seventy-five times in this current life. I know fear real well. This music has saved me from that bottomless pit feeling that I use to get when faced with fear. I don't have that fear anymore. Matter-of-fact, living on the other side of fear is truly a calming feeling. This composition has been a huge benefit in helping me to overcome my fears; especially in times of life threatening situations.

As I said, the *Z* composition helps us to let go of fear. As we let go of our fears, we start elevating our awareness. We start to remember our dreams more and more, plus our perception of our outer life will expand. Also as we let go of fear, we start living life with more adventure and not being afraid to live. Our dream state is separated from our waking state because of fear. As we let go of our fears, our dream state and our waking state start merging and our state of consciousness becomes more like a waking dream. This process over time changes our perception of our life and thus gives us a larger view of our connection with life. The more we become aware of ourselves as a whole being, the more we move toward happiness and joy.

### *Climbing The Mountain With Z*

Look at it as if someone is standing at the bottom of a mountain. The mountain blocks the vision so one can't see 360 degrees around them. However, as the fear is being removed, the person is slowly climbing the mountain and able to see greater distances. Eventually when one arrives to the top of the mountain, there is nothing blocking one's vision and that person can see 360

degrees around them. That is when your waking state and your sleep state become one state of consciousness.

Let me explain a few things. Our dream state is a very important tool for our conscious development. In order to become more aware of who we are as Soul, our dreams are like stepping stones on that journey. As we understand more about our dreams, we start understanding more about our life. Many people don't remember their dreams, nor do they understand what they mean if they do remember of them.

The key here is to start somewhere and to me that should be wherever a person is now. Where we go in our dreams should be our perception of reality. Our waking state should be our waking dream. In other words, the inner part of us should be our reality and the outer part of ourselves should be the dream, the waking dream. That is why the *Z* composition is such a valuable tool because it expands our consciousness through our dreams. In this expansion our perception of life starts changing because of our awareness of it. Please note: at the bottom of this page, I discuss further about dreams.

### **I will give you some examples of the *Z* composition:**

#### ***My Friend Macy***

I had a cat named Macy who came from a litter of starving kittens and was full of fear. She wouldn't let anyone touch her or come near her. Macy would constantly stay under the bed and hide. The only time you would see her is when she needed water, food or to use the litter box. After she would finish her business, she would scurry off to the bedroom and hide again under the bed.

I started playing *Z* constantly around the house. It wasn't long, maybe a few weeks, Macy started coming slowly out from under the bed and showing herself; even if it was standing in the hallway. This progressed and then Macy started sitting on my lap. This was a huge shift. She would even greet my guests when they come over to my house. The *Z* music helped her overcome her fears and where she was able to enjoy her life and have fun. Before, she would always stay under the bed and hide. That is how terrified she once was..... not anymore.... no fear.

As of this writing, Macy is now passed on to her new adventure in her Soul body. I see her in my dreams all the time. She is one busy Soul helping other cats prepare for their Journeys in their lives. It's good to see my friends whether they're animal, human or plants in my dreams. It's like they never left and we all get to still be together. It's really wonderful. I wish this continuance in Consciousness for everyone.

### *Having Dreams Again*

“The *Z* CD has definitely seemed to influence my dreams. I will often have very unusual dreams after listening to it with the strong sense of having worked through a particular fear or block. The dream itself is not unpleasant or fearful.”

P.U., Hana, HI

### *Z Is So Mystical*

“I truly love *Z*. It’s so mystical. The first night after listening to it I had a prelude to my lucid dreaming by actually saying in my dream, ‘don’t worry that was a dream and this is a dream too!’ Something I hadn’t caught myself doing for a couple of years.”

J.A., Selma, OR

### *I Started Crying*

“With the composition *Z*, I was driving and listening to it. I started crying and felt that a certain heaviness was gone, like a burden had been lifted off my shoulders. I learned surrender from *Z*, that is to surrender to joy.” D.M., Blue Ridge, TX

### *Learning From My Dreams*

“In November of 1993 I was listening to a couple of hours of *Z* each day. I began to have dreams that were startling to me for the following reasons:

- 1) I was having dreams I could remember.
- 2) My dreams were so vivid that it was like I was really ‘there.’
- 3) Upon waking from my dreams in the morning, I was so startled by them I felt compelled to write them down on paper so I wouldn’t forget all the details.
- 4) I had this gut feeling that my dreams were foretelling some events in the future.

I had a series of the above type of dreams all in November 1993 and one is as follows:

One of my first dreams involved some changes at work. In my dream I told the Controller, who was my boss, that the Chief Financial Officer wanted me to get my own ‘letterhead’ and run some errands for him. I felt disturbed and I asked my boss why he thought the CFO was doing this and my boss replied, ‘his last secretary had her own letterhead.’ What really disturbed me is that my boss didn’t seem to care that the CFO was having me work for him.

It was a complete shock to others in the company when my boss turned in his resignation in May 1994 several months after my dream. I did work for the CFO after that time.”

V.B., Fairfield, CA

### *Z To The Rescue*

“I played *Z* for my younger son, while he was working on two different school projects. He was overwhelmed by the work, and seemed quite fearful that he wouldn’t complete the assignments, or that the work wouldn’t be good enough. Well, he not only finished both projects, but also received an excellent mark on each of them. Also, any tests, projects or assignments that he had after that, he got B’s, A’s and A+.”

S.A., Stittsville, ON, Canada

### *Overcoming Fear*

“I have always had a lot of fear in my life. Fear of the dark, fear of making wrong decisions in and with my life, just plain fear of everything and everyone. Well, I am happy to say that the fear is finally disappearing from my life with such ease and a great healing process is occurring. I am also learning how to forgive and love myself as well as others. Thank you for your beautiful music. It is certainly helping me find myself, who I am, my courage, strength and power. Again I thank you for this wonderful beautiful healing.

A.T., Fullerton, CA

### *Waking Up*

“Your *Z* tape I really enjoy. It does have an opening, curious nature.”

C.A., Anchorage, AK

The stories are endless. *Z* has amazing life changing effects on its listeners just as the Inward Harmony and all my other music compositions. Now for the Celestial Dance Composition.

## Celestial Dance



*Celestial Dance* was my third composition to experience. It is continuous music and always changing. This is a Journey you won't want to miss. I call this album "Destiny's Calling Card". *Celestial Dance* helps us manifest our destiny. There is a purpose of life and we are that purpose; to discover who we are as Soul and know our connection with all of Life.

*Celestial Dance* is a composition that brings out the creativity within each of us. Everyone has inside of them some form of creativity. This music will definitely unveil that part of us.

There is an old saying, "As Above, So Below". This statement applies with *Celestial Dance*. What happens is this: The music triggers the unconscious memory of all our creativity. This inner part of us is referred to "As Above". When this energy is released, it manifests itself into our outer world or you could say, our physical world. Our physical world is referred to as "So Below". The creative energy comes from within and starts flowing outward. Therefore, the physical world of the person starts changing in relation to their creative energy. Our magnetic field around our body starts attracting to us what we need in order to manifest all this new creativity being triggered. Whether it is people, places or things that is attracted to us, it doesn't matter. The creative energy will manifest itself because it is now a kinetic energy.

*Celestial Dance* is a music that helps people discover their purpose of life. It does this by unleashing all the creativity in their unconscious memory. Creativity is a high vibrational energy. By triggering all of this creative energy from all of our reincarnations, our physical body becomes a magnet of all that energy. By *Celestial Dance* triggering that energy, that energy becomes a kinetic energy and thus, the law of attraction is in place. We start attracting to us all that is needed to manifest our destiny. That is why I call this album "Destiny's Calling Card".

Some people have remembered some of their past lives from listening to this music. I look at it this way, energy is energy. We are the sum of who we are in this moment, no matter what our history has been. This music allows us to unleash that energy and bring forth our purpose in life and be happy. Creativity is a very happy energy.

I know that some people don't believe in reincarnation or past lives and that is ok. Some religions don't believe in reincarnation. Our history before this lifetime is all in our unconscious memory whether we remember our history or not. The energy is still there. That is why this music will work regardless of someone's belief system. This music will help anyone who wants to discover their destiny and bring out all of their creativity.

Many people who are stuck about finding jobs, what do they want to do in this life, or on a project and can't seem to get any ideas, or just want a change in their life and experience something new and different.... *Celestial Dance* is all about all that and more. Creativity is an all

encompassing experience that can compel us into areas of such excitement of self discovery. The imagination is powerful and coupled with this composition stirring the Creativity within us.... All I can say is, this is an Amazing Journey.

### **I will give you some examples of the Celestial Dance composition:**

#### ***Funds For A Project***

One woman needed funding for a project and she couldn't find it anywhere. After playing *Celestial Dance* for several weeks, investors started calling wanting to invest in the project.

#### ***Changing Careers***

A woman was an accountant. She made a good living in her practice, but choosing this career was made not from her heart, but from the necessity of making a living. She bought all of my eight albums and loved all of them. However, when she heard the *Celestial Dance*, she couldn't get enough of that album and played it incessantly.

A few weeks later, as she was driving home from work, she started thinking what fun it would be to learn how to oil paint. She called around and found a class at a University close by her house that she could take after work.

Not only did she love her art class, she discovered that she had a real talent in oil painting. Matter-of-fact, within that year, she retired from her accounting career and now sells her paintings for a living and does very well. She is very happy with her life.

#### ***A Friend Of Mine***

I have a robot that weighs 200 lbs and is 5 feet tall. I know, I can't help it. I'm a woman who loves technology and gadgets. What can I say. Anyway, this friend of mine named Dona, worked at the Info Mart here in Dallas which is next to the Apparel Mart on Stemmons Freeway. She liked me bringing the robot down to the offices and using it for promotions once in awhile. One day while I was down there, it was her birthday. I decided to give her the Celestial Dance album for her special day.

I knew Dona wasn't really into my kind of music, but I thought she might like the Celestial Dance. After a month went by, I couldn't stand it any longer. I had to know how Dona was doing with my music, so I called her office. I couldn't believe what I heard. The secretary told me she QUIT!

I was shocked! I knew the music makes changes, but I really thought since Dona wasn't really into all the things I was into, that the music would take longer to make the changes. This was my thinking when I gave it to her. The lesson here learned, never underestimate the power of this music.

I called Dona at her home. She answered the phone and sounded like a little kid laughing and giggly. I asked her what was going on. She started telling me this story. She walked across the yard to the Apparel Mart one day during lunch. There were fashion shows going on with designers from all over the world. She met some people from New York during her lunch and they started talking about fashion design.

Through all the talking, she told them about her designs that she did during her college days. Long story short, they wanted to see her designs. After getting her art work from storage, she met with these people later that week and showed them her sketches. They loved her work and offered her a job she couldn't refuse.

I asked Dona how she liked the *Celestial Dance*. She told me that she loved it so much, she couldn't get enough of it and took it everywhere with her. I told her that I needed to tell her about the music. So I told her what the music does. She started laughing on the phone. She told me that she knew what was happening to her was because of the music. She said she was so glad that I confirmed this for her. We both started laughing so hard, my stomach hurt for days.

### *A Woman Experienced A Past Life*

Joyce, a friend of mine here in Dallas, is a Healing Practitioner, who works with many modalities in her work. Joyce uses my music in her work. One morning in preparing for a client, Joyce felt strongly to start with the *Celestial Dance* music. This was strange because Joyce usually starts with *Inward Harmony*. The urge was strong, so Joyce put on *Celestial Dance*. Her client came and Joyce started working on her. Within 20 minutes, this client raised up from the table, grabbed the sheet, raced to the bathroom, got dressed and left the house. All this happened without the client saying a word to Joyce.

Joyce immediately called me to tell me what had happened. I told her not to worry because the woman would get back with her in a few days. I told Joyce that the woman obviously had an experience and had to leave in order to process whatever she experienced.

Several days later, the client called Joyce and invited her to have lunch with her. When they met at the restaurant, the first words out of the client's mouth were, "What was that music you were playing during my massage?" Joyce told her about me and about the *Celestial Dance* album. This woman then proceeded to tell Joyce that in her religion, they didn't believe in reincarnation. However, in those 20 minutes while on the table, this woman experienced a past life. She has never experienced anything like this in her whole life.

Because of this experience, this person will now search her life with a different awareness and start a new journey of self discovery that she would not have take before this experience. I have always said, "Experience is your best teacher in life."

### *Creativity Evoking Music*

"There is no doubt in my mind that *Celestial Dance* is by far and away the most powerful creativity evoking music that I have ever used. I use it on myself nightly, and I have used it to help people compose compositions, to invent pieces of automobiles and so on. I think this is a great piece of work."

F.B., Creative Problem Solving Trainer



### ***Needed Money***

“I tried and tried to get funding for a project, but I couldn’t find it anywhere. Then, I started listening to *Celestial Dance* and within two weeks people started calling me saying they had reconsidered. They wanted to know where to send their checks.”

K.L., Dallas, TX

### ***Wanted To Go Play***

“I was playing *Celestial Dance* when my eleven year old son came home from school. He brought his play clothes out to be able to sit in front of the boom box while he changed. He kept getting a look of delight. He started telling me all the things he saw in his mind with this music. He would edge toward the door and keep coming back. Finally, he turned off the music, ‘There,’ he said, ‘now I can go play.’ He told me not to start the music until he got out the door. I just thought this was a sweet compliment to your music.”

C.C., Hiawatha, IA

### ***Starting A Painting***

“I enjoy *Celestial Dance* during the day especially while creating something. This music helped me get started on a painting. It turned out very nicely. There’s so much variety in this music that I never seem tired of hearing it.”

D.F.F., Conway, SC

### ***Writing A Book***

“I must admit that your compositions *Z* and *Celestial Dance* are my favorites. My experiences when listening to your music vary. All of the compositions definitely work on opening, healing and balancing the charkas. The first time I listened to *Inward Harmony*, my body felt almost etherealized and I had the sensation of going into a higher dimension. Since I started listening to *Celestial Dance* the ideas for a book came to me, which I am in the process of writing”.

L. J., Tempe, AZ

### ***Thank You So Much***

“After listening to *Celestial Dance*, I am so thrilled with your music. ... You have reassured me there definitely is a ‘God,’ ‘Higher Power’ or whatever one calls It. Thank you so much, I feel you are one He smiles on.”

L. J., Richmond, VA

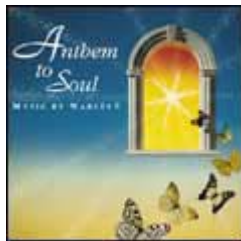
### ***Fulfilling A Purpose***

“*Celestial Dance* is uplifting for me and seems to remind me of the importance of allowing my spiritual nature to have its true expression. Your music came into my life at a time of great change for me. It almost feels that just ordering them helped to kick in the process and then once I began listening to them it seems that things kept speeding ahead. The prevailing feeling that they have helped to support within me is one of a peaceful knowing that I am here for a very special purpose and that it will be fulfilled. This has helped me to trust on a much deeper lever.”

P.U., Hana, HI

The stories are endless. Indeed, *Celestial Dance* is an amazing composition. Its purpose is to help us get in touch with our creativity. As I said earlier, I call this album "Destiny's Calling Card". Thank you for being here. I wish you all the Best in Life and enjoy your Musical Journeys.

## Anthem To Soul



*Anthem to Soul* is a music celebrating Soul. The first three of my compositions, *Inward Harmony*, *Z*, and *Celestial Dance*, are about self-realization. *Anthem to Soul* is the first doorway to the acknowledgement of Soul. As we live our lives, there is always a new doorway with new experiences to learn.. Through these experiences it is our job to discover the new rules and tools to help us through these changes.

Also, like *Inward Harmony*, *Anthem To Soul* is a "Theme" composition. It doesn't change from the "Theme". *Anthem To Soul* is a different "Theme" than *Inward Harmony*. *Inward Harmony* and *Anthem To Soul* are the only compositions so far that I call a "Theme" music. All of my other compositions are continuous and are always changing.

This composition is about celebrating the union of Soul consciousness. This union is about reaching a state of recognizing who you are as Soul. From that place you reach knowingness. This doorway of self-discovery determines your ability to surrender. Surrender is learning how to flow with life and become an artist in flexibility. This music is an amplifier that quickens that awakening process. The more you learn to surrender to the Current of Life, the more you awaken to that energy, the more you learn knowingness and the more you become a Co-Creator and work as a Partner with Life.

*Anthem To Soul* is also an old Tibetan chant called “HU”. This chant has been around for eons of time. Periodically it resurfaces in our civilizations to bring about conscious change. It is now that time again. Now that we are in the 21<sup>st</sup> Century, the “HU” chant will become more and more popular because of the vibrations it carries.

I call *Anthem To Soul* the Turbo Thruster or Turbo Charger. It speeds everything up. If you have a goal to reach in a short time period, play *Anthem To Soul*. If you are working through an issue and want to speed up the process of releasing that energy, play *Anthem To Soul*. If you have negativity around you and want it gone immediately, play *Anthem To Soul*. If you want to purge old blocks holding you back from your good, play *Anthem To Soul*.

Now, it is always a good idea to have *Inward Harmony* around when you use *Anthem To Soul*. *Anthem To Soul* moves energies very fast and sometimes it really helps to play *Inward Harmony* in order to balance out many of those new energies. Sometimes for me, I will play *Anthem To Soul* and after a while I will feel the need to balance out all the new energies. That is when I will play *Inward Harmony*. This process is such a wonderful experience.

By the way, *Anthem To Soul* is nothing but my voice singing the HU chant and drums. You would never know that was my voice because it sounds like an instrument. That is how much my voice changed while singing the HU. It was an amazing experience indeed.

## **I will give you some examples of the Anthem To Soul composition:**

### ***The Two Little Ones***

I have two young cats that love to play. Sometimes their playfulness gets a little too much around the office. They will sometimes zoom over my desk and everyone else's desk. I warn the two little ones that I will play *Anthem To Soul* and chill them out. They just look at me and say, "Yea, yea" and go on about their zooming. So, within a few minutes, I start playing *Anthem To Soul* and those two cats are asleep within thirty minutes or less. Thank goodness for *Anthem To Soul* to keep the "zoomers" contained in the office.

### ***Traffic and Weather***

Sometimes in Dallas, especially when it is bad weather like snow or sleet, you have got to be on your guard while driving on these highways. People here are not use to snow and sleet because we don't have that kind of weather that often. When I am driving, I always have *Inward Harmony* and *Anthem To Soul* with me. In my car I have a six CD holder in my player and I keep *Inward Harmony* and *Anthem To Soul* in slots 1 and 2 all the time. When things get a little nutty on the road, I will immediately put on either album depending on what my need is. Every time, the music comes to my rescue. Cars will avoid me and clear out. It is also great for traffic jams clearing out quickly. I use Anthem To Soul for those situations.

One time three tornados formed right in front of me on a highway. I immediately started playing *Inward Harmony* and the three funnels went back up into the air. Whew! I pulled out the *Inward Harmony* CD and kissed that album!

### ***The Neighbors Next Door***

David and his family live in Illinois. One day David called me very upset which was most unusual. He told me that their neighbors moved and new neighbors moved in, but they were loud and obnoxious. In his words he said these new neighbors were bringing down the neighborhood. I asked him if he had an attic, he said yes. I asked him if he had a window that faced the new neighbor's house. He said yes. I knew David had all of my music. So I suggested that he take one of my compositions called *Anthem To Soul*, go into the attic, open the window (just a little) that faces the new neighbors house, put a speaker there and play my music non-stop at a very low volume so it won't disturb anyone. And then I said to let Mother Nature take care of the rest. The new neighbors moved out within a month.

This music is all about love and learning how to have love in our life. When David played the music, everything in the environment started moving in that upward spiral loving energy. David's neighbors chose in an "unconscious" way, not to move toward more love. That's why you will see animals, plants and children automatically migrate to this music. They have no ego and immediately recognize love's energy. They know it very well.

In this example, you can see what difference the music has in an environment. Energy is energy. This music is full of a lot of love that changes everything around it to be a more loving energy. Even though the new neighbors couldn't hear the music, it didn't matter. The energy is still permeating the space in the area. On an unconscious level, the neighbors chose not to be more

respectful and loving toward their neighbors, so they left. Energy is energy. This music changes everything around it toward more love.

### ***The Drive By Shootings Stopped***

I was on a radio show in Colorado and a woman called me afterwards that heard me on the show. She was an elderly widow and was very concerned for her life. Drive by shootings started in her neighborhood and she had to spend most of her days on the floor in order to avoid the bullets. Her house was paid off and she didn't have the money to relocate. I suggested to her to get the *Inward Harmony* and the *Anthem To Soul* albums.

Then open a window a few inches that faces the front of her house and place a speaker in that window. Alternate playing *Inward Harmony* and *Anthem To Soul*, but to play the music non-stop at a very low volume. The drive by shootings ended in two weeks.

### ***Hiring Help For The Holiday Rush***

Here at the office, my music plays non-stop. During the Holiday season we get real busy around here and many times hire contract labor to help us out. However, because of the high vibrations in our environment, not everyone can handle the energies here. So, what I do is this: I hire a few people and on the first day, I play nothing but *Anthem To Soul* all day.

If someone is in the lower energy range this means they could be negative in their thinking, be dishonest, have jealousy, have hatred, etc. By playing *Anthem To Soul*, I find out real fast where the energies are within the people.

In most cases, the people that are not able to handle the energy will ask to leave within 1 to 3 hours. The ones that make it through the day, stay for the duration of the Holiday rush. This is a great way to find good help.

### ***Chill Out***

“I took your advice and started playing *Anthem to Soul* whenever my children or animals start fussing with each other. Boy, are you right they immediately chill out. Thanks Marcey!”  
L.U., Plano, TX

### ***Straight To The Heart***

“Thank you for sending the *Anthem to Soul* CD. I played it immediately and it went straight to my heart. It feels right! Your *Anthem to Soul* is helping me to take an ultra-sound ‘bath’ daily, to be in harmony and balance. Bless you big!!!”  
M.L. S., Honolulu, HI

### ***Tapping Into That Energy***

“I have received *Inward Harmony* and *Anthem to Soul* and am unable to explain the feelings. I am at a crossroads in life and somehow I know the answers are within me and your wonderful music will lead me to the best I can be. Life is a journey and I really know it’s in everyone of us – if we’ll only tap into it.”  
J. H., Enid, OK

***Inner Peace***

“I listen to the music as much as possible, and for the first time in my life, feel inner peace and a sense of detachment from imperfection. I did not think it possible for me to reach such a state of harmony so quickly.”

D.D., Flushing, NY

***Being You***

“*Anthem to Soul* has a gift to me of being courageous in allowing Soul to shine forth.”

D.O.M., Blue Ridge, TX

***Sleep Like A Baby***

“I listened to *Anthem to Soul* as I went to sleep last night. Slept like a baby after a week of high tension.”

Rev. M.R., Yuba City, CA

The stories are endless. *Anthem To Soul* will definitely separate the wheat from the chaff. The Tibetans knew what they were doing in using the HU chant. It is awesome!

## Dream Partner



*Dream Partner* is all about Love and Relationships. Many people have found their true love with this music composition. This music has also saved marriages, saved people in abusive relationships, saved people from committing suicide and it has served very well in divorce mediations. I have seen divorces with such vile and hatred that would raise the hair on your back, but as soon as *Dream Partner* was brought into the environment, those divorces ended amicably.

I have also seen *Dream Partner* work wonderfully in marriage counseling; not to mention the time and money this saves. Put the music on in your home, leave it on as background music (at whatever volume you want), and let nature do the rest. You can even play the music at the lowest volume and still receive the benefits of any of my music. It is that powerful.

*Dream Partner* helps you with your relationship with yourself, other people, animals, plants, the wind, rain and everything else that is a part of Life. That is why this music is so powerful in all areas of living because *Dream Partner* is all about our relationship with all of Life.

This music has also helped families with their children and their young teenagers which can be a very difficult time in a family. *Dream Partner* has also helped families with gardening. Many gardens flourish with this music. Like all the other compositions, the uses are endless. Love is the message with *Dream Partner*.

The first step is to learn how to love who you are. This music will help build self esteem. Self esteem and loving who you are, are connected. The next step is to learn how to give of that love. *Dream Partner* teaches you how to have a friendship with all of Life. Life is your *Dream Partner* and when you connect with Life consciously, you couldn't ask for a better Partner.

There is a lot of romance in *Dream Partner* because learning all the aspects of love is romantic. Love is a very profound emotion and it is the strongest energy of all Creation. So you can see how important it is to learn all about love. It is the true source of all happiness.

*Dream Partner* is not about dreams. It's about Life being your "*Dream Partner*". This composition helps us with communication with all forms of Life whether it's with ourselves, other people, animals or with nature. This composition helps us to connect with all forms of Life.

We are all connected whether we are aware of this or not. As I said earlier, *Dream Partner* teaches us first how to love who we are. Then, once that cup is full, we learn how to give of that love. I have also seen families torn apart from their children or in-laws being a problem, but after

having the *Dream Partner* music in their life, all these issues were resolved. This composition is a tremendous tool in helping us with all of our relationships whether it's how to love ourselves, others, animals or Mother Nature..... it doesn't matter.... It's All Of Life!

**I will give you some examples of the Dream Partner composition:**

***My Friend Maggie***

Marcey Hamm here. When I bought my house years ago, the house had been vacant for over a year. In the front yard, the magnolia tree's branches during that time of vacancy, had grown over the driveway. My car would hit the branches upon driving up the driveway. I knew that wasn't going to work for me.

That first night in my home, I sat out on my porch. I waited until night because I didn't want my neighbors seeing me talking to this Magnolia tree in my front yard. They would really wonder about the "marbles" of this new neighbor I'm sure. Anyway, I told the magnolia tree that I was going to name her Maggie Magnolia and I also needed to talk with her. I told Maggie that her branches weren't going to work being over the driveway like they were, because they were scraping my car. I asked her to move the branches or I would have to cut them off. I told her that I really didn't want to do that, but I didn't want my car damaged.

The next day I went out in the front yard to get my paper. I looked up and saw that Maggie had moved her branches up and over my car. I thought to myself, Wow, that is fast. Maggie is amazing. I love my Maggie Magnolia!

***Maggie Did It Again***

Marcey Hamm here again. I was doing a weekend seminar here in Dallas and needed help to move some of my equipment. Friends of mine in the production business came to my home with one of their big production trucks to help me. It was 5:00 A.M. in the morning and still dark outside. When my friends came into my home, they told me that the tree branches were hitting the truck and that I needed to cut the branches. I told them that I would talk to Maggie about it and explained that Maggie was the name of my magnolia tree.

Of course my friends looked at each other and thought that I was from Mars or something. Anyway, the next day they came back to help me move my equipment again. When they came into my house, they told me how thankful they were that I cut the tree branches. I told them that I did not cut the tree branches and that I forgot about the whole matter. I explained to them that Maggie must have heard us talking about the situation and handled it on her own.

That did it! They really thought that I lost my "marbles". They asked for a flash light since it was still dark outside. They went outside to look at the branches. My friends came back into my house, all white faced as if they had seen a ghost. I asked them if Maggie moved her branches over the top of their truck. They said yes and they also told me they didn't want to talk about it.

To this day, that event has yet to be discussed with them. They are still processing that experience.

### ***Separation and Divorce***

A woman heard me on a radio show and called me. She was in a lot of fear because of all the changes she was facing with a divorce. Her husband would show up at the house and was also not pleasant. He was full of anger and would yell and be hateful toward her. She was really scared for her life.

I told her to play *Dream Partner* nonstop. Several events took place. The next time her husband came over, he stopped and asked, "What is that music?" She told him about me and the title of the CD. He left the house.

The next time he came over, he picked up some more of this things, but didn't say anything to her. The third time he came over, he sat down with her and they had a lovely conversation for a couple of hours. From that moment forward, they became best of friends. They had an amicable divorce instead of a very unpleasant one.

They were separating anyway due to their interests over the years had diverted from each other. They simply grew apart. However, I am glad that *Dream Partner* came to the rescue and helped them to become good friends and end the marriage amicably.

### ***Abusive Relationship and Suicide Prevention***

A friend of mine called me one day and told me about an abusive relationship a friend of hers was having. Her friend was also becoming suicidal. I suggested *Inward Harmony* and *Dream Partner* and for her friend to play the music non-stop. The CD's were shipped immediately to her. I will call this person, Lisa, but it is not her true name for privacy reasons.

Once Lisa received the music, she started changing. She terminated her abusive relationship which was a huge event, because she had always repeated this cycle in her relationships. Lisa was never strong enough before the music to end these cycles. Also, she started overcoming her suicidal tendencies and getting stronger about loving herself. *Dream Partner* was helping her to build her self esteem. Lisa isn't suicidal anymore.

Lisa has now moved to California and is living a whole new life with a healthier attitude and is very happy.

### ***Not Fearing A Relationship***

There have been many marriages healed from this composition, as well as friendships. A woman listened to *Dream Partner* while sleeping. When she awoke, her relationship fears were gone. Since then her life has improved. She is more at peace with herself and others. She credits *Dream Partner* with enhancing the quality of her life.

### ***What To Do With The In-Laws***

There are cases where in-laws aren't so loving. So the couples would make sure to play *Dream Partner* non-stop in the home when the in-laws were visiting. The key is to play the music at a



very low volume where you can barely hear it. That way everyone in the house can go on about their business and the music doesn't interfere. While the in-laws are in the house, the music will permeate the environment and transform those energies. In every case, the in-laws changed their attitudes and became more amicable. Finally, peace would transform into the families.... :)

### ***What 7 Hours Can Do***

“When I first heard Marcey’s music at a store in Dallas, I had to have it. I bought *Inward Harmony*, *Dream Partner*, and *Anthem to Soul* that day. When I got home, I decided that *Dream Partner* wasn’t really as appealing to me as the other two so I set it aside. I didn’t know much about the healing aspects of Marcey’s music at the time. So, I didn’t realize it was because of my own resistance to resolving my relationship and commitment issues that kept me from liking *Dream Partner*. After Marcey and I talked about *Dream Partner*, I couldn’t find it anywhere. I looked in the same place four times before I could see it, talk about resistance.

That night, I played *Dream Partner* on low while I slept. I had the most incredible dream. I was hovering above an arena full of couples. Each couple was sharing their experiences and I was getting positive learning’s from each one.

When I awoke, my relationship fears were gone and it was as if I didn’t even know the person who had fallen asleep only seven hours before. Since that night, I have changed my relationships in my personal life, my career, my spiritual life and with the whole of the universe.”

K.U., Dallas, TX

### ***Peace and Harmony***

“*Dream Partner* truly does speak to my Spirit, Inner Guide, Higher Self. I find such peace & harmony in your music. What joy your music brings to my life!”

J.H., Oklahoma

### ***Good For Meditations***

“I will always cherish the *Dream Partner* album for so many reasons. The music is exceptionally lovely and triggers exquisite meditations.”

P.G., Owings Mills, MD

### ***A Magical Trip***

“*Dream Partner* seems to take one on a magical trip to ‘somewhere.’ A happy feeling if you will.”

I.F., Longmont, CO

### ***A Blessing To Have***

“I just wanted to tell you how glad I am to receive *Dream Partner*. I have listened to it every day, sometimes more than once. I’m going through some pretty intense life changes right now, (divorce, death of a parent, drastic shift in finances, etc.), so maybe this is the perfect thing for me to be listening to right now.”

M.G., OK

### *Going Through A Divorce*

“I was so moved by your advertisement that I ordered your tapes, *Inward Harmony* and *Dream Partner*. I have been through a traumatic separation and divorce from someone who had been the significant other in my life for nearly thirty years. In the process my oldest son had chosen not to live with me. I was very angry and in great pain. I felt like my insides had been scraped out with a fork.

I started playing your tapes whenever I could...in the car, at bedtime, while I read. At first all I could feel was anxiety and pain coming up to the surface. I had strange dreams. Then, suddenly I became addicted to your music, drawn to it, and then I just felt peace. It has changed my life.

For the first time in years I feel joy. I am working through my anger and releasing the need for the conditions that created it. I am willing to forgive and move on with my life. Finally, my appearance has changed. I've lost twenty pounds, cut my hair and look, in general, spiffy.

I play these tapes for my sons and it helps them too. They think I'm a little weird but it's working.

Thank you for your music. Between your compositions and my angels I'm going to make it.”  
B.B., Delaware

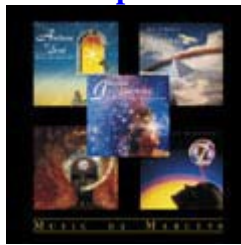
### *Say Good-Bye To Shyness*

“Your *Dream Partner* CD is incredible! I find myself speaking to total strangers and talking in groups now. All my life, I've been subdued and rather shy...I felt compelled to tell you how much this music has enhanced my life.”

B.D., Dallas, TX

The stories are endless. *Dream Partner* is amazing as all the other albums. I find it so fascinating that all of these albums are so different and yet, they all work together. *Dream Partner* is saving many marriages, family disputes, teenage problems and also helping people get in touch with Nature. The list goes on and on.

## Sampler I



*Sampler I* is a 72 minute compilation of music from my first five albums, *Inward Harmony*, *Z*, *Celestial Dance*, *Anthem to Soul* and *Dream Partner*. *Sampler I* is what I call the "Quick Fix" composition. It is a wonderful way for someone to experience the impact of my music in a short period of time.

I call the *Sampler I* the "Quick Fix" music because once you play each of my compositions, that music is recorded in your unconscious memory. When you play the *Sampler I* music, each music passage on the *Sampler I* triggers the entire composition that is stored in the unconscious memory. Therefore, you are getting the benefit of five albums with one album. This is so powerful.

For someone who doesn't have all of my albums, when they listen to the *Sampler I* album, they will only benefit from the music's vibrations that are on the *Sampler I* album.

In the beginning, some people are not able to absorb my music in its entirety all at one time. They are not use to the high vibrations and need time to adjust to those energies. For those situations, the *Sampler I* is perfect. Because the *Sampler I* has songs from my first five albums, it is like a "Gentle Breeze" instead of playing an entire album which would be more energy. This allows the individual the time to adjust to those energies. Eventually, that person will want the whole album once they adjust to the vibrations. This happens all the time.

The *Sampler I* is a life saver when I need it. For instance, when I am under a lot of deadlines, this album performs miracles for me. It is like stopping time and all the pressure is off. It is so wonderful. Also, I use the album when I know I am going to be around someone that holds onto old patterns. (some family members) I know the album will help that individual "loosen up" and get out from under the box they have put themselves into.

Change is hard for many people and the *Sampler I* is great in aiding those situations. That is why when I play it around those "boxed in energies" that some people have, it really works well with them. You can see the changes on their face in real time. I have even seen wrinkles diminish from someone's face because the "boxed in energy" is leaving their body. I find the whole experience amazing to watch.

## **I will give you some examples of the Sampler I composition:**

### ***Major Stress Relief***

"I use the *Sampler I* on days that I'm really stressed out and I need a "quick fix." I'm so thankful to have this CD. It has made a big difference in my life just as Marcey's other albums have."  
J.B., Tyler, TX

### ***Only So Much Room***

"I travel a lot and it's great to be able to carry the *Sampler I* with me instead of having to carry five CDs. I find it works very well for me and holds me over until I get home and can listen to each album in its entirety."  
C.S., Plano, TX

### ***This Music Grows On You***

"I didn't know which of your albums to start with so I bought the *Sampler I*. Now, I have to have them all. I love your music."  
S.J., Phoenix, AZ

### ***Getting Nurtured***

"I play the *Sampler I* all the time, I can't get enough of your music."  
S.M., New York, NY

### ***Dealing With The In-Law***

"I have an in-law that really grates on my nerves if you know what I mean. Anyway, I remembered what Marcey told me about the *Sampler I* being a "quick fix" and how it helps people that are real "boxed in" so to speak.

When my in-law came to stay with us for a week, I was ready. I played the *Sampler I* the whole time. It was interesting to say the least. At first she kept quiet which NEVER happens. Then she asked what the music was that we were playing. As time went on, she got to actually be fun to be with. It was the best time I ever had with my in-law. Thank you Marcey for your gift. I will let you know what happens next year during her visit again."  
T.J., Topeka, KS

### ***A Crisis To Handle***

"I have never been interested in vibrations from music and people's energy patterns until I met Marcey's music. My animals and plants were the first to react immediately to the music. When I saw that, I knew something was going on. I had to leave town for a month due to a family emergency. I couldn't find anyone to help with my animals and plants on such short notice. So I stocked up the animal food in the animal feeders in my backyard. This was a months supply. My dogs had a doggie door to come and go from inside my house. I watered my plants as much as I could without drowning them. I left my player on continuous play with the *Sampler I* album. This was the only album I had at the time.

When I came back, my plants were thriving and growing new leaves. My dogs were OK, but also, my house was exactly the way I left it. It was as if my dogs slept the whole time and didn't mess anything up. I was expecting to come home to a messy home to clean up and my plants I

suspected would have some dead leaves or be completely dead. That didn't happen. I couldn't believe it. Now I have all of Marcey's products including her Wealth Program and her Sound Traveler Seminar. My life is in major change mode and I love it all."  
J.A., Portland, ME

### *Proof Is In The Experience*

"I was so tired of all the New Age Hype out there and all the products that don't work. Then I met Marcey's music. A friend gave me the *Sampler I* album. At first I didn't know what to think. I had not heard music like that before. Then things started happening. I noticed I wasn't as intense as I use to be. My friends started commenting on how much lighter I was and not as tensed up. Then I started sleeping throughout the whole night, which I haven't done in ages. My relationships started improving and before I knew it, I was happier in my work. All this from one album. I thought, if I can get all this from her Sampler, my gosh, what is in store for me with all of her work. I bought everything. I will let you know how it goes. This is progress in action. Thank you Marcey for all of your love."  
D.S., Boston, MA

The stories are endless. I know that my music has caused a great controversy in the music business. Some people even try to place my music in the categories of alternative music, new age music, world music, healing music and more. I just call it Music By Marcey music. Whatever the fit may be, it really doesn't matter, because all of my music has a mind of its own and will go where it is needed to go whether it is in hospitals, prisons, people's lives, children's lives, schools, etc. People will always have their own experiences with each of my music compositions. That is why this music will always remain controversial, because it changes lives to a higher vibration in a phenomenal way.

Indeed, the *Sampler I* holds its own arena of tremendous changes in our lives. It always amazes me how each of my music compositions is so different and yet, so compatible with each other. And, how each album has its own place in what it does for its listeners. It is a musical journey for sure and what a ride it is.

## Maitreya



*Maitreya* is all about Happiness. This composition transposes you to find that place within yourself of peace and joy. Once that place is reached, it becomes easier and easier to get there and stay there. *Maitreya* is vibrant, bold and yet very haunting as if these sounds were a part of you from some other time and place. It is a wonderful experience.

*Maitreya* begins the happiness cycle that is a whole new pattern in my music. The following compositions, *Inward Harmony, Z, Celestial Dance, Anthem To Soul, Dream Partner* and *the Sampler I* are all part of the Inward Harmony's healing cycle. Even though each of these albums has its own area of resourcefulness, they are still a part of the Inward Harmony healing cycle. Not *Maitreya*. It is a cycle all unto itself and that is the cycle of Happiness.

*Maitreya* came out with a boldness that stretched my horizons so much that it took me a whole year before I could handle the energies of that album. Every month I would put the album in my CD player and within a few seconds I would have to turn the music off. I couldn't handle the energies because I was still processing the composing of that music. It took me a 13 months before I fell in love with this music and could listen to the *Maitreya* composition. When I fell in love with it I cried for hours releasing all the energy I had stored in me. I felt like the whole world left my shoulders and I became weightless. I am the composer and I hated this music for 12 months. The 13<sup>th</sup> month everything changed. Amazing!

As I just said, after the 12 months of hating the *Maitreya* music, that 13<sup>th</sup> month, I deeply fell in love with the *Maitreya* album. Don't get me wrong, I have fallen in love with all of my work. However, none of them took a year for me to fall in love with them. I loved them immediately when I experienced them. The *Maitreya* album is the only one that took me to the 13<sup>th</sup> month before I could accept that music in my heart. What a Journey that was!

I will tell you the following because you will experience this with my music. Each of these compositions is a Journey. Each one will take you through an experience that is so different from each other. The experiences will always change and uplift you to newer realms of your consciousness. That is the purpose of this music. This music is to give us the experiences we need to become more aware of who we are as Soul.

No matter how many years go by or how many times you play any of these albums, it will always give you a new experience. Why? Because you are changing through the music. Oh sure, there may be times you have to back off from the compositions because you need time to assimilate all the new energies. I have seen some people take a few years. When you are ready for more, you will come back for more experiences. I have always said and will always say, "Experience is your best teacher!" Welcome to the world of Music By Marcey because it will never be a dull moment in your life!

**I will give you some examples of the Maitreya composition:**

***A Friend Of Mine***

“*Maitreya* is your best work yet! Within the first few minutes of listening to it, a sense of joy and happiness came over me. I can’t explain why, it just did. Now I start each day by listening to *Maitreya* and my whole day seems to be filled with happy thoughts and remembrances. The little things no longer get me down.”

***Bringing Me Joy and Peace***

“Dearest Marcey I can’t thank you enough for the blessings of your music *Maitreya*. I have been through a lot of grief and sadness recently. It seemed that my personal life was a series of let downs by people, companies, life and love.

The fact that your album is about inner happiness and my finding it seems like ironic timing. I have been on a mission to find that for months and months. The album struck multiple cords in my heart. I heard the wind, Ancient Egypt, inner city sounds, Eskimo noises, lots of varieties of experiences in the music. It has a 3-D quality, most unusual in nature. I’ve never honestly heard a similar style ever. You are a musical genius to say the least. The album seems to live and breath all by itself. It’s excellent! I’ll recommend it to everyone I know and by the way, it works. I woke up extremely happy the day after I listened to it...falling asleep and for no other apparent reason than the joy that it brought to my heart.”

D.A.S., Lawrenceville, GA

***Love That Maitreya***

“I’m listening to *Maitreya* a lot and I love it.”

P.S., Los Angeles, CA

***Another Happy Soul***

“*Maitreya* makes me happy all day long. I play it every night during my sleep, simply beautiful! Please allow me to extend to you my personal best wishes, thoughts, prayers and blessings for your very profound work.”

C.K.Y., Singapore

***Helping My Son Through His Grief***

“Eleven years ago my husband died and my son was only an infant of 2 years old. Now he is 13 and the last few years he has had to go through a conscious processing of the loss of his father when he was so young. He was a sleepwalker and was very often awake at nights. A month ago I ordered *Maitreya*, and since then he is sleeping like a rose. He falls asleep when listening, and later I take the earphones out of his ears. He is asking for the music, because he knows now that it works. He is talking a lot about his father, and it feels OK.”

Anonymous, The Netherlands

***Love and Anger Don’t Mix***

“I was very angry. Within the first couple of minutes of playing *Maitreya* my mood changed from anger to happiness. I was so shocked! I couldn’t believe my mood changed so swiftly. This music definitely changes people’s lives. It has changed my life tremendously. Great for anger management.” M.J., OK

*Break Away Old Patterns*

“I have worked hard all my life to achieve financial independence, but every time I would get close to that goal, something would always happen to ruin it for me. I finally grew so tired of trying, that I just gave up. I figured I was just destined not to have financial freedom. Then *Maitreya* came into my life. I can’t tell you enough how thankful I am for that music. Somehow and in some way that music changed that financial path for me. I am now on my road to financial freedom.”

J.H., Richardson, TX

Again, the stories are endless. Indeed, the *Maitreya* album is a different world unto itself. This album is all about the pursuit of happiness. Each of my compositions has their specialty. You will experience that when you listen to each of these albums. It is a journey of Soul and that journey will take you to heights that only you can experience because you are Unique and Special.

You are in for a real treat with this music and I can only tell you from not only my experiences but also what other people have told me, this music changes lives. So hold onto your seat, because you are in for a ride of a lifetime. Love is the strongest energy and all of my music is nothing but a lot of Love.



## Innocence



*Innocence* is all about your intuition. Trusting your intuition will help develop your self confidence. Your intuition is your link to your inner worlds. The more you listen to your intuition and trust that, the stronger and more self confident you become. Intuition is the communication from the inner worlds where we all came from originally. When we die, we return to these inner worlds. Instead of connecting to this world after we die, why not connect to this world while we are alive?

*Innocence* is here to help us do just that. Have you ever watched children play with each other? Notice how direct they are with one another and how honest they are with each other? Nature, children and animals are all connected to the Source of all Life innocently. They don't know anything else but this connection. This Source of Life is called many names around the world: God, Sugmad, Supreme Being, Yahweh, Kami, Shangdi, Brahman, Allah and many more. The point is, this source is all of Life. It is an Intelligence that permeates through all existence whether we are conscious of it or not.

Trust is one of the keys that assists you in learning to build the bridge between your outer and inner life. *Innocence* works by being very soothing and nurturing, yet stimulating to your inner worlds. The stronger this bridge, the more keen your intuition becomes. Thus, your inner journey of self-discovery, aided by your intuition, becomes one of freedom. So it is very important to have trust in order to unlock the true riches of life. *Innocence* is a very beautiful composition and one that you won't want to miss in your life's journey.

As you grow with your intuition and become stronger in your listening, you start broadening in other areas of your life as well. You see, everything is connected to everything else. For instance, you start having a sense of knowingness about your life and are able to see things more clearly and not be confused about issues or events that take place. You start having a deeper understanding about people and their intentions that you may not have seen earlier. Everything starts making clearer sense to you and you are able to make smarter choices with that better understanding. Thus, your life starts becoming more balanced, more harmonious and happier.

Life is the best teacher of all. No matter what we do, what we say, or what we think, Life will always show us the bottom line: We are either happy or not happy. We are either healthy or not healthy. It is that simple.

*Innocence* is a tool to help all of us. What a gift to have a music so simple and yet so powerful to help us open up to who we really are, Soul.

## **I will give you some examples of the Innocence composition:**

### ***A Father's Intuition Saved His Family***

There was a family on a trip. They have all of my music, but on this particular day, they were playing Innocence in the car. The father was driving the car in this particular moment while the mother was resting along with the kids who were in the back seat. All of a sudden, the father felt troubled about something but he couldn't put his finger on what was troubling him. He sensed danger, but didn't know why.

He intuitively slowed down his car speed not knowing why, but felt urgently to do so. Even his wife was wondering what her husband was doing when nothing to the naked eye could be seen to cause this action. A car in front of them was hauling a small storage trailer similar to the U-Haul trailers that you can rent. By the father slowing down the car, it was putting distance between the family car and this car in front of them.

All of a sudden, the rear wheel of the trailer that was being towed by the car in front of them, came off and the tire came rolling off the rear axel. The trailer then sheered off its connection from the car towing it and the trailer started whipping all over the highway until it came to a stop. If this father had not slowed down the speed of the car, they would have been right in the path of this incident and more than likely would not have lived to tell the story.

Everyone in the car was speechless to say the least. The father and the mother knew that what the father felt to do regardless whether it looked rational or not, just saved their lives.

### ***The Door Bell Rang***

This family bought my whole set of the music albums and had been playing them for some time. However, on this particular day, Innocence was the choice for the moment and the music had been playing throughout the day.

It was a Friday evening and everyone was home resting from a busy week.

The door bell rang. The Mother got up to answer the door. There were two teenagers on the porch. One had a couple of pizza boxes in his hand delivering pizza and a girl was standing behind him.

The Mother immediately felt something strange about the situation even though there was nothing to indicate that anything was wrong. The boy said he was delivering the pizza and quoted a price for the two pizzas. Of course the Mother said there was no order for any pizza. The boy told the Mother the address for the pizza delivery which of course was this house. Again, the Mother said there was no pizza ordered and this was some mistake.

The boy then asked if he could use the phone to call his manager. The Mother already feeling strange about this situation just simply refused his request. The boy then said to her that obviously there was a mistake with the order and since the pizzas were now getting cold, he would give her the two pizzas for free. At this point, the rest of the family members were willing to take the free pizzas, but the Mother still didn't trust the situation and refused to cooperate.

The boy repeated his intention of giving her the two pizzas for free and all she had to do was

open the screen door. He would give her the pizzas and they would be on their way. Again, the Mother refused to cooperate and told them to leave.

At this point, the boy knew he was not going to get any cooperation from this woman and tried to open the screen door but it was locked. The Mother shut the door, called the police and told them about these two teenagers.

The story goes: It was discovered this was a big scam where teenagers would appear as if they were delivering pizzas. They would get into the home, hold people hostage long enough to steal their valuables and then leave.

This Mother's intuition was right on target. She saved her family not only from theft, but from any possible harm that could have come to them. The entire family learned in that moment to trust their intuition no matter how things may appear on the surface. The rest of the family wanted the free pizzas and thought nothing was wrong because everything seemed OK on the surface. The Mother showed strength holding on to her intuition and it was a great experience for all to learn.

### ***The Newborn***

“I am a Neonatal Nurse and I use *Innocence* all the time in the hospital nursery. I had one baby who only had a small part of his brain stem functioning. The Doctor didn't expect him to live, but I played *Innocence* over and over again for him. Today he is home with his parents smiling, cooing and healthy.”

N.G., Rapid City, S.D.

### ***Feeling Peace***

“*Innocence* is such a beautiful piece of music. The first time I listened to it the words, ‘It's so beautiful came out and went straight to my heart.’ I left like I had entered something so pure and crystal. I felt at peace...confident...happy and calm.”

K.M., Durham, N.C.

### ***A Wonderful Home of Music***

“*Inward Harmony*, *Innocence* and *Dream Partner* play in our house each day. They are all wonderful and healing.”

M.P., Charlotte, MI

### ***Touching The Heart***

“I played *Innocence* for a friend of mine. She began crying during the second song. Then by the third song she was smiling. I asked her what had happened and she said, ‘I had an emotional healing. During the first song my heart opened up, during the second song I felt a releasing and during the third song I felt my heart heal.’ All I can say Marcey is WOW.”

R.J., Houston, TX

### ***Progressing With The Moment***

“*Innocence* has a progression about it. It is peaceful, relaxing and nurturing. Yet as it continues it becomes exciting and motivating.” J.G., Dallas, TX

### ***Another Winner***

“*Innocence* is absolutely beautiful. The ocean set as the background for this beautiful music is so nurturing and healing. Thank you Marcey, you have done it again.”

L.D., Plano, TX

### *Using The Chain Saw*

"I bought your music in hopes that it would help my life. I have never been a happy person and it always seemed that everything I touched, it would sour for some reason. Frankly, I have always been miserable. I started playing all of your albums, but the *Innocence* album was my favorite so I played it all the time.

One day I was working out in my yard cutting back tree branches away from my house. Something told me to back off and turn off the chain saw. I thought at first that I was going crazy and I was losing my mind. I even thought the sun was affecting me or something. Anyway, I was hot and thirsty so I decided to stop. I went in the house and drank some lemonade. After I cooled off, I went back outside and I couldn't believe what happened. I picked up my chain saw and the chain came apart. If I had kept working earlier, I could have lost an eye or been hurt in some way from the chain breaking. I am sure.

I read about each album and remembered about *Innocence* was for intuition. I think that was what I heard. Anyway, whatever it was, my life was saved that day. Thank you Marcey for your gift. Oh, by the way, I am seeing someone now and things are looking up for me."

J. Mills, TN

As I have said with all of my compositions, you are in for a real treat with this music. They are all different and wonderful experiences. As I have always said, "Experience is your Best Teacher." This music helps provide you with experiences. Through these experiences, you develop and become more consciously aware about you and your life. Why die and find it out then? Get it now while you are living and have your freedom now.

Your experiences are important to help you understand yourself and the life around you. The stories are truly endless. Proof is always in the experience and experience will always be your best teacher.

*Innocence* is a true gift when it comes to connecting with your intuition. The more you connect with your intuition, the more you become self confident and consciously aware. Thus, you achieve more enlightenment.

## Now Let's Talk About Using My Music

This is where you will develop your own methodology of implementing my music in your life. The key is to know the purpose of each composition which I have given you earlier. This is the most important first step in using my music: Getting familiar with each composition's purpose and playing the music.

I talk with a lot of people of all walks of life, all over the world. There does seem to be a common denominator where most people will mostly play Inward Harmony in the beginning. After that, everyone goes for the moment and mood they are in from there. The one key element that is very important is to play the music around your home 24/7 non-stop at a low volume so you can go on about your business. Also play the music at work while you're there at a very low volume. You want this music around you as much as possible even in the car. The music has saved me many times from not only very bad weather but also accidents.

For example, if there are marital problems, problems with children or problems with any relationship, Dream Partner will help work out these issues. What I have seen is Inward Harmony is played in the beginning and mixed with Dream Partner at different intervals to help during these particular issues. You can use this strategy with any issue you are experiencing. The only difference is picking the composition that fits the situation. Like in this case, Dream Partner is all about relationships whether it's about an individual having an issue with one self or relationship problems with other people. Work with the compositions that fit the issues.

These guidelines will help you as you grow with the music. At the end of the day, it's all about you and what your needs are. Take what I give you and go from there. It's your life and the goal is to have a happy life; full of love and creativity. This music is here to help all of us to achieve a happy life.

My music is like a torpedo. It will go into a low energy field and blast right through it immediately. It's not uncommon that someone may not like releasing that energy so quickly. There may be some very strong and old attachments to that energy field. If you get uncomfortable listening to my music, you aren't ready to release that energy just yet. You will want that music to stop playing asap. In situations like that, put on another one of my compositions that is more acceptable in the moment.

If none of my compositions are acceptable, then do the Inward Harmony Technique which I talk about below. It is powerful and it works.

The good news is, once the music has found a low energy field, the music's energy has started unraveling that pocket of energy. Even if that person never hears that music again, it's only a matter of time that low energy field will dissolve. It will dissolve faster if that person does the Inward Harmony Technique. It's just that everyone will have their own timing on their release rate. That's because each of us are Unique and Special.

People don't like pain and more than not, they're ready to unload any Pain within them. They welcome the relief and don't forget, with the music, they are releasing and healing very quickly. It all goes together. Our natural state of being is to be happy not miserable.

Fortunately, we all have this music to help us get back on our "Happy Track" of life naturally. Our Soul is happy, it's the rest of our parts that have gotten out of Balance over the Ages. It's time to get back to our Roots.

### **Here Is An Example Of The Inward Harmony Technique**

A lady heard me on a radio show and ordered all of my 8 CDs. Her husband had retired after 30 years of working and now he was home 24/7. It's not that they didn't love each other, but over the years they had formed their habits and were use to their own schedules. They were both having a lot of difficulty adjusting. The wife was doing everything she could to help their situation.

Within a few days after she received the CDs, this woman calls me. She told me that she loved all of my music, but her husband HATED every one of my CDs. I told her that her husband was having a real hard time letting go of his patterns, but not to worry. The fact that she played the music got the "Ball Rolling" so to speak. I suggested to put Inward Harmony on just above the "MUTE" level and leave it on 24/7. I also suggested to put the other CDs on the shelf for now.

I told her that Mother Nature will take care of Itself and not to worry. However, I said the important part of this procedure was NOT TO TURN OFF THE MUSIC and TO LEAVE IT ON JUST ABOVE THE MUTE LEVEL! I call this the Classic Inward Harmony Technique. She understood. I also said because the music is so low, the chances of her husband hearing it were slim and if he did hear it, it wouldn't be enough in the volume to bother him.

I didn't hear from her for a few months and then one day she calls me. She told me that she had to order another full set of 8 music CDs. I told her that she already had a full set. She told me that she did what I suggested. However, over the time period, her husband fell in love with the music and now all the music CDs were HIS! He told her she would have to get her own set of the music CDs. We laughed so hard on that phone that my stomach literally hurt for days. Last time I talked with her, they were on their 2<sup>nd</sup> honeymoon and then later on their 3<sup>rd</sup> honeymoon. They were having a wonderful time in their life. I was so happy for them.

### **Another Example of the Inward Harmony Technique With A Twist**

A couple were having the In-Laws coming to stay with them for the Summer. This couple has been playing my music in their home for years non-stop as most people do when they get my music. (Note: people play my music at their own volume level where they can go on about their business. The music plays continuously in the background).

The In-Laws arrive and the couple are in the kitchen getting dinner ready. While they are in the kitchen preparing the meal, the In-Laws go into the den to rest. Within a few minutes, the music was turned off. The wife goes into the den and turns the music back on and proceeds back into the kitchen. A few minutes later, the music is off again. The wife goes back into the den and tells the In-Laws that the music stays on. She again turned the music back on and went back to the kitchen. Again, within a few minutes, the music was turned off. Well, that did it.

The wife calls me immediately. She told me the whole story and asked what she and her husband could do in this situation. She emphatically said that they were NOT going to go through the SUMMER not playing my music. I explained to her that the music was pushing old patterns within the In-Laws and they were feeling very uncomfortable and basically hated that music. She agreed; especially when she told them that the MUSIC STAYS ON! The In-Laws didn't care what she said and still turned the music off.

In this case, I told her to take the Sampler I CD and put the music on just above the "MUTE" volume level and leave it on. I also suggested that she do this after the In-Laws go to bed; so they don't see her do this. The chances of them even knowing the music is on are slim and even if they did hear some of the music, it won't be enough volume for them to bother them. I also said, leave the other music CDs alone for now and let Mother Nature take care of itself. She said OK!

Within 3 months, the wife calls me back. She told me that she was going to have to buy another set of the 8 music CDs. Hm.... where have I heard this before? ☺ She told me the In-Laws were going back to their home now that it was the end of the Summer. However, they were taking all 8 of the music CDs and putting them in their luggage as we were speaking on the phone. They weren't giving up the music she told me, so she and her husband graciously gave the music to them; like they had a choice in the matter. She said they literally took over the music.

I told her about the couple in Ohio where the husband retired from his job of 30 years and how the story was very similar. The only difference was I suggested Inward Harmony for the couple in Ohio and the Sampler I for her. The result was the same.

We both got a good chuckle, but more importantly, both of us were happy for the In-Laws. They were miserable with their aging process and having a very difficult life within themselves. The

music changed all of that in three months. And, this was just the beginning of their Journey. She and I knew in that moment on the phone, what a Life Changing Gift was given to the In-Laws. Cherished moments indeed.

### **Why Did I Pick The Sampler I CD Instead of Inward Harmony In This Case?**

I want to explain to you my process of picking the Sampler I music CD when normally I would have picked the Inward Harmony CD in this case with the In-Laws just mentioned. When the wife called me and was explaining the situation, immediately the Sampler I CD jumped out into my mind before she even had time to finish what she was saying. And this is what I'm talking about to convey to you. As you get to know my music compositions, your intuition is going to grow with the music and your intuition will always continue growing with this music. That's why the experiences with the music always change because the listener is the one changing. And, as you grow with the music, the choices will become more natural as a part of you without you having to think about it. That's why I wanted to share this story with you to give you an example of what I'm talking about.

### **Oh My..... What Are These Native American Indians Telling Me?**

I was going to Oklahoma City, OK for a few days. I checked into the hotel where I had my reservation. Usually when I travel, I will play Anthem To Soul in the hotel room to quickly purge all the energies in the room. Then after about 30 min of Anthem To Soul, I'll play Inward Harmony to balance out the new energies with my energy. I can tell you, this process sure makes for better sleeping when you travel. And it has protected me many times as well as keep the noisy neighbors real quiet. I suggest you do this and never leave home without my music. Like I said, I have a set of music at home, in my car and in my travel bags.

Anyway, this particular day, there were a lot of storms and I arrived real late. When I checked in I was so tired, I just went to bed. During the night, this wall opposite my bed was making all kinds of noises that sounded like the plumbing in the wall was about to explode. In addition to all that noise, if I did get any sleep, these Native American Indians kept coming into my dreams trying to tell me something. I didn't know what was going on except I knew these Native American Indians were trying to get my attention.

The next morning I was in the breakfast room and I saw the hotel manager sitting at a table near me. The recognition came from her wearing a name and title tag on her clothing. I went over to her table and asked if it was ok if I asked her a question. She said sure. I sat down and asked her when was this hotel built. She told me that it had recently just opened and it was a new hotel. I asked her if she knew anything about the land underneath the hotel.

She looked at me startled and said I asked an interesting question. She said that it just so happened that the land underneath the hotel was an old Indian Burial ground from long ago.



I immediately knew these Indians were stuck in the Astral Plane and wanted to go home. They knew I had the means to help them go home because of the music. Well, I thanked the manager for her time and went on my day with my meetings scheduled that day.

When I got back to the room that night, I went through my normal procedure of playing Anthem To Soul for approximately 30 minutes and then playing Inward Harmony for the rest of the night. The Native American Indians came into my dreams that night and waved good-bye to me. They all walked into the Light and left. They never came back into my dreams and the wall opposite my bed was as quiet as quiet could be.

### **I Want To Go Over Some Things About Anthem To Soul**

I tell you this story about the Native American Indians because it is important for you to know that Anthem To Soul holds its own in what it can do in a very precise important way. I go to this music when I need help very fast and if I have a deep rooted issue in me or about whatever outside of me, and I want to clear it as fast as possible, this music is my tool. There is no room to move with this music. It gets right to the point and handles it. That's why I call it the Turbo Charger. That's why I suggested to my friend David in Illinois to use Anthem To Soul to help his situation with the noisy neighbors. I mentioned this story about David with the Anthem To Soul testimonials earlier.

Those Native American Indians knew I had the tools to help them break all of their attachments and release them from these lower worlds and go home. Anthem To Soul did its Turbo Charge and went right to the Core of issues fast and broke everything up. Then when I used Inward Harmony to balance all the energies, the healing took place. The music helped these Indians who have been trapped all this time in these lower worlds; in this case the Astral Plane and helped them finally to go home.

Anthem To Soul targets areas like a Laser. Some people can't handle that intensity at first. For some it takes time to adjust to the energies. And then there are those that right at the beginning, can jump on the band wagon of Anthem To Soul's energies. We all have our own way in adjusting. Regardless how each of us adjust to energy, these tools of music that you have from me, if someone is really wanting change, to unload as fast as they can and move their life to a whole new dimension as soon as possible, your best tools for this is Inward Harmony and Anthem To Soul used together. And don't forget, we all have our own time on this journey.

## **If You Feel Uncomfortable With My Music, Another Approach**

If you feel uncomfortable at any time with my music, you know the music has reached an area that is a low energy. I would immediately go to Inward Harmony unless it was Inward Harmony that caused the reaction. If that's the case, then I would go immediately to Innocence. If you don't like Innocence, then you are really dealing with a very deep rooted issue with a huge amount of history behind it. Big Time. And, you are not at all ready to let go of that energy. My suggestion in this case is the following:

*Solution 1:* Is there any one of my 8 music CDs that you do like? If so, go to that CD and play it non stop at a low volume, If not, go to Solution 2.

*Solution 2:* You would have to have 2 CD players to do this. You would play whatever music in the forefront to be the main sound. Then have Inward Harmony in the other player playing just above the "mute" level. Inward Harmony will still do its work.

How long do you do this? Until the energies shift. Once a week, turn off the music playing in the forefront. Let Inward Harmony above Mute keep playing and see if there is any resistance. If so, turn on the forefront music and resume as you were. Test this every 1 to 2 weeks. At some point the shift will occur. Then you can go from there with the music.

In many cases, if you don't like my music, you stand a good chance that the Innocence CD will be the first of my music you will like. If it's still a no go, then keep using the 2 players like I just mentioned above and try again after a week or so. Like I said, eventually, your energy will shift and eventually you will fall in love with the music.

Generally, it's Innocence in these types of cases. Once the person is able to accept Innocence or one of my other compositions, the other compositions will be accepted as well in time. You'll have to experiment to see which compositions are next in line to be accepted. It is amazing to experience this process when someone hates my music and then falls in love with it. I've seen this time and time again over these years. Fortunately, most people accept the music or at least will accept one of them in the beginning.

If someone really has deep rooted issues and finally accepts my music, you have literally changed this person's direction in life right before your eyes even though they may not know it yet. And that's ok. They're processing big time. Usually their realization of the change will come later. They're too busy in their Mental body trying to hold on to all the changes. Change is very swift with my music. That's why there is so much healing and phenomena around my work.

Always remember, no matter what, you can 99.9% always rely on Inward Harmony and/or Innocence to be NEUTRAL GROUND for most people where the music doesn't "Push Buttons" near as much as my other compositions. The Third on that list would be Sampler I. And, like I said earlier, there are those exceptions in any situation. As you get to know each of my compositions, you will grow with the music and become more aware. This will help you to be able to handle any situation easily and knowingly. Awareness does have its many REWARDS!

### **Here Are Two More Stories For You In Closing**

I love the stories with this music. They just fill your heart with so much love. And, there are so many stories with this music. However, I want to tell you these two stories because they each can help you think perhaps in a different way of application for yourself and/or others. So many people can use this type of approach in their daily life and, it's so easy to implement.

#### **My friend Judith**

My friend Judith worked for a big insurance company here in Dallas. She and I were talking one evening and she told me about her boss always blaming her for everything that went wrong. It didn't matter if Judith had anything to do with the situation or not. Her boss didn't like Judith and that was that. I knew Judith had all of my eight albums. I suggested to her to take the music and play each of the compositions at work, but at a low volume where it could barely be heard. She did this. The first day, her boss came screaming as usual into her office and all of a sudden stopped in her tracks. She said to Judith, "What's this music?" Judith said that it was music to help her be more productive and relieve stress. Her boss left the room not saying a word.

The next day, Judith received a memo from her boss to come to her office. Judith did and her boss complained to her as usual. However, never did the boss return to Judith's room and, within one to two weeks, Judith's boss was transferred to another division. Also, the whole floor in Judith's department became calm because all the energies shifted; so much so, that everyone was asking Judith where did she get the music. Everyone was benefitting from it and they wanted to know where to get the music for themselves.

#### **A Life Threatening Situation Is Transformed**

One time a woman was facing a divorce and her husband was threatening to kill her if she went through the divorce proceedings. His rage was threatening. She sought legal help, but the laws in her state couldn't help her unless he physically touched her with the intent to hurt her. At that time, he only used verbal threats. However, she knew him and knew her life was in danger. She was scared for her life.

One day she heard me on a radio show and called me. I suggested playing Inward Harmony and the Dream Partner non-stop in her home; alternating between the two compositions. She did this. Each time her husband would come around the house and hear the music, he became less hostile and more loving. It wasn't long that she and her husband became the best of friends and still are today. They amicably went through the divorce because they both knew they had grown apart over the years and had different interests. The good news is, they are good friends and all the lower energies transformed to a more loving energy.

Love is the highest form of all energy. To me, the most amazing part of love is: There is no end how much you can love or be loved. It's endless like infinity and it's the most powerful energy in all existence. Yet, we can't see it, smell it, touch it, hear it or taste it. It can't be controlled or put in a test tube. As a scientist, I find love the most interesting energy in all existence. Everything in our physical world can be represented by mathematics, except the energy of love.

### **I Want To Give You This Tip That's Been A Blessing To Know**

I want tell you about this tool that has been a huge blessing in my life as the music has. I love things that work and make a difference in my life. Otherwise, it's not in my life. This tool you can take everywhere with you and all you need is YOU. It's that simple and yet, so profound. I use this tool everyday just like I do the music and, I will always use this tool as well as my music for the rest of my life.... because they work.

### **The Angry Man At The Post Office**

I was in the Post Office on a Saturday morning. There was only one person working behind the counter and it was a very long line. This guy in front of me started yelling and really causing a scene to express his frustrations. I thought well, enough is enough of this. I started doing the HU Chant quietly within myself. This guy immediately got real quiet and stayed real quiet the rest of the time we all were in line.

### **The Buffalo Stampede**

My two nephews, my sister and I were going out the mountains to eat at this "Hole in the Wall" restaurant. Every time I come home to see my family, this is our tradition. We always go the route in the mountains where we can possibly see the wild buffalo. If we see the buffalo, we usually stop and gaze on these marvelous animals. Then after a little while we proceed to the restaurant.

This particular day, we saw three huge Buffalo Bulls grazing in the field. I pulled the car over onto the shoulder of the road, parked the car and turned off the engine. We all sat there watching these majestic animals when all of a sudden, the three buffalo started stampeding toward us.

I didn't even have time to turn the car on and speed away. Knowing that, I immediately started doing the HU Chant out loud and braced myself on the steering wheel. My two nephews in the back, immediately got on the floor and peered over the door to watch while they were also doing the HU with their Aunt Marcey. I taught the boys the HU Chant as soon as they were old enough to grasp its meaning. On this day, they were ages 8 and 10 years of age. My sister was freaking out in the passenger seat repeating "Oh My God" .

These three big buffalo weighing at least a TON each, stampeded full speed to the car. Wouldn't you know they were stampeding to my side of the car. Anyway, when they came within 2 to 3 inches of the car, the buffalo came to a screeching halt. They just stood there like tame puppy dogs. I could have rolled down the window and petted them because they were so tame.

I told the boys in that moment, that Spirit had created this scene for them so they would never forget this moment. It was important for them to realize from this experience how powerful the HU Chant is. I told them there is so much love in the HU Chant that when the animals got up to the car, that's why they stopped. They won't attack Love. It's against their nature. Mother Nature is all Love.

After about 15 to 30 minutes, the three buffalo turned around, walked a few steps and plopped on the ground just as content as could be. I knew in that moment, there was a very strong reason for my nephews to have had this experience this day. I tucked that in my memory for future reference. I then started the car and we went on to have an exciting lunch indeed at our "Hole In The Wall" restaurant.

### **The Day Came About Why The Buffalo Event Happened**

Sure enough, the day came I found out why that Buffalo day happened. A year later, my sister, her husband and the two nephews went rafting down a river in Arkansas. The boys had their canoe and my sister and her husband had theirs. They reached an area in the river where the rapids were really rough. The boys made it to shore, but the parents top sided. The parents were getting caught in the undercurrent. It was a bad situation. The boys knew there was no time to rescue their parents. They immediately started doing the HU Chant from the shore line. All of a sudden out of nowhere a tree branch showed up in front of the parents which they were able to grab onto and get to safety. No one knows how that branch just showed up.

## The Word HU

I tell you these stories so you can use these tools that I use that work. The word HU is a non-polarity word that comes from the Soul Plane. It has saved my life many times and is a perfect marriage with my music.

It could mean the difference of life or death to you one day. You just never know. Knowing this word is a gift for your life's arsenal to help you in any situation. Just like the music. I love life with all of my heart and I want the best that I can achieve in each moment. I also know, that things happen in life that we may not see coming. I like to have my tools with me all the time. I may not be able to have my music wherever I go, but I sure can have the HU Chant with me no matter what. I tell you, my friend, this is a Powerful Tool to have. You'll thank me one of these days.

You pronounce the word like HUGH. It's spelling is HU. You get a deep breath and just say the word out loud or within yourself. You exhaust your breath and then start all over. You keep repeating this. That's it.

I do the HU Chant every morning for 20 minutes and I also do it before I retire in the evening for 20 minutes. I have found for me, this works the best with my schedule. The first 10 minutes is like taking a bath and cleaning out noise. Then the later 10 minutes is really kicking in the conscious awareness connection as I call it.... the inner connection. This is what I call the "Third Eye" opener.

The HU Chant is not of any religion nor of any belief system. It comes from the Soul Plane. The HU is the Sound on the Soul Plane. The Soul Plane is the first area above the polarity worlds where there is no Polarity. I've been fortunate to have had my musical journeys and I have traveled to all of these places where the music has taken me.

I speak only from my EXPERIENCES. I'm very grateful indeed. And now I share this with you. I only want the Best for you as well. Take what I say and do what you want with it. I've done my job by sharing what I know with you. It's up to you what you do with it. I wish you all the Best in Life.

## **Thank You For Being Here**

Thank you for being here. I hope I have been some help to you in explaining more about my music. It is a Journey of Experience and I do hope you start your Journal. You'll be glad you did. Many people over the years who are keeping their Journal on their experiences with my music, plan on publishing their Journals one day. I can't say that I blame them. The stories that evolve around my music are not only very interesting, they are life changing to say the least.

If you ever have any questions or just want to email me and share your experiences, I would love to hear from you very much. I love to help answer questions and to hear your stories. Take care and I wish you all the success and happiness in your life.

Love always,  
Marcey Hamm,  
Your Friendly Composer ☺

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